

MAYAN NEW YEAR REPORT

Aluna Joy Yaxk'in - March 2001

From the Star Elders

I asked what the Star Elders thought we would experience from this coming year.... And they asked, "Are you ready to be a human canon ball?" What they are saying is that the quick sand and stuck energy we have been struggling with will break loose and catapult us forward at amazing speed. Yeap.... the lethargy will be gone very soon! Yahoo!... but the interesting thing is that we have been slowed down for so long, that this new speed will be overwhelming, so hang on! PLUS they say that all the intense lessons and changeability we have been feeling this year will continue, but we will no longer be sitting home contemplating the tests and lessons in our quiet little sanctuaries. We will be pushed out into the world with amazing speed to test out the lessons learned, and at high speed. Yeap... the universe just turned up the voltage and we are being asked to surrender and go with the flow... again.... It will mean not having the time to consider the possibilities but work and act from our intuition, to make decision quickly and without looking back. If fact there will be no place to look BACK there will only be forward... So if you have some cosmic roller blades, this is the year to put them on. Consider this is the year for a wild and almost out of control cosmic ride on Earth.

Also The Star Elders reported that all the relationship and heart lessons we endured this year will mature and come into clarity. This past year we learned about the heart and looked at all the changing relationship patterns. We worked to live with arms wide open, yet we were tested and challenged beyond our current comfort zones. The Star Elders say this year we will begin to LIVE from the HEART, walk from the HEART, speak from the HEART and our relationships will grow in new and healthier ways. I know many of us spent a bit of time this past year looking at unhealthy relationship patterns. (Whew!) Needless to say at this point that the Star Elders say it is the YEAR OF THE HEART! Sounds really good to me, but that is assuming that living in the HEART will feel good. This past year has shown many that living in the heart can also hurt a lot. The Star Elders say, how else could we live? If we are hearts are open we are alive. If our hearts are closed we are dead no matter if our body keeps breathing. The Star Elders relayed to me that this next year will help us REALLY look at ourselves. It will be facing the cold hard facts about reality in 3D on Mother Earth. They say it is time to get real and still some how live in a way that is aligned with our spirit.

I also asked The Star Elders about some vacation time for us lightworkers.... and well.... everything got very silent with them - not a good sign. They just don't have the heart (there is that heart again) to tell us that vacation is not happening for a while. (we got some vacation time this winter, remember?) How will all this forward movement and changeability effect us.... The text from my book "Mayan Astrology" explains this well. Read below.

Entering the year 12 Caban (Yucatec) - 1 Kiej (Kiche), from the book *Mayan Astrology (Yucatec Count)* by Aluna Joy Yaxk'in

Caban is represented by sudden movements that bring earthquakes, catastrophe, and abrupt collapses. So if you have been feeling stuck this past year get ready for we will break loose from the quick sand we have been standing in and life will catapult us forward. In a Caban year we learn about learning to flow with spirit's intention. The paradox is wanting life, ideas, and things to stay the same but experiencing uncontrollable change. Caban will also challenge us to let go of old opinions, philosophies, perspectives, and reality frameworks that have become outdated. Attachment to old ideals can lead to problems. In this higher form Caban could be described as blessed, fortunate, blissful, rich, and prosperous, exhibiting an effortless grace and fluidness as long as we do not resist. When in balance life will flow with grace and elegance.

Caban is rationalizing, clever, liberal and progressive. Caban's ideas can be slightly crazy or extremist and the positions we might align with this year will tend to be controversial and can push the limits of reason. We might seek positions of leadership and take risks doing radical things. We will be a masters at problem solving but might rationalize everything. Caban has a great desire to understand this crazy world. We could become overly mental which could lead to perspectives that become over-conceptualized instead of being based in truth. Caban can get stuck in over-interpreting signs, symbols, dreams, and visions, and most often will jump to conclusions with only a fraction of the truth in hand. Remember to wait for the whole story - the whole picture.

In a Caban year we may can have problems adjusting to unrealized expectations and we will need some time for isolation to realign and integrate to adjust to main stream realities. Caban constantly strides the boundaries between sanity and insanity. Some may experience nervous breakdowns or at least struggle to maintain equilibrium in life. But the up side to this is Caban's gift of humor is one of Caban's ways of stabilizing a hold on reality. If it hurts, laugh about it. If it is scary, laugh about it. If it is embarrassing, laugh about it. LAUGH - LAUGH - LAUGH - at yourself and each other.

A Caban year can make us very independent and could neglect each other's emotions which will strain relationships. Caban energy has a general difficulty in connecting with the emotional body. Maybe this is because Caban can activate intense overwhelming emotions, so we might rationalizes feelings away until we can deal with the pain or pressure. This can be a problem if we are in a relationship with someone who is has emotional needs attention - I guess just about everyone has some emotional needs right? So be on the watch out for needing to much from your partner and take time to BE THERE for your loved ones and friends. Caban is genuinely interested in others, but seems detached or closed hearted as they can get self absorbed. We may want to go solo, as it will be hard for us to be followers. In leadership potions, we can become progressive and even threatening to followers of the status quo. This sun is not known for a compromising or cooperative nature.

Caban can be found spending much time focusing on the past or future and rarely operates in the present. Caban is challenged to learn to BE HERE NOW. Ask yourself when you feel guilt, anger, doubt, or fear. "Where is my orientation at this moment? If you are in guilt or anger you are in the past. If you are in doubt or fear you are living in the future. Without a focus the future can be laden with fear and this keeps us from moving ahead. Remember there are no bad choices! Not making a choice is what causes the fear. Try not to over-think experiences as it will limit our ability to see the larger picture. We might find it difficult to be on Earth. Unstable and heavy energies are almost too much, so take time everyday to sit in nature and ask the universe for your purpose. Be open to the wild and phenomenal story revealed. A harmonious life will not manifest until we express and flow with the energies of this year. We have chosen to be here at this incredible time to help in our own unique way. So DO IT - JUST CHOOSE IT.

12 - In Maya - "Ca Lahun": The sacred number 12 is an ending or a termination, but is also a new beginning. "Ca Lahun" activates grief or sorrow of a loss, a separation, a divorce, or death, or feelings that often accompanies the completion of a long project, but were there is an ending point there is also an activation of change and regeneration. It is the determination to rebuild and continue with life. It is a cocoon from which one emerges altered and evolved. "Ca Lahun" is about discernment and setting a new course. It is the excitement of things to come. We are at a crossroads so let us let go of our past creations and move into the joyous excitement of the new beginning of our destiny. "Ca Lahun" has a unique ability to see many perspectives and is able to stabilize and integrate them in such a way that whole pictures can be seen at once. It can take unrelated parts of ideas and creations and find a way to merge and see them as a whole.

Kiche Mayan Count: On Equinox we enter a 1 KIEJ (kee eh) year. Modern/Yucatec translation is Manik (hand) Deer. The Kiche Mayan Elders say this year symbolizes the energy/guardians of forests; physical existence and the four polarities and the four cardinal points. It is a year that we can deceive ourselves and others. So be aware of places where we deny the truth in ourselves and the outer world. It is time to face 3D reality and merge it with our spiritual beliefs.

POSITIVE ASPECTS ARE - This year will help us be strong, responsible, intelligence operating with good equilibrium/balance and responsibility. We can be charming yet very strong, brave and gentle with graceful authority. It will be a year that we can become our own best guide. And... remember to appreciate the things we accomplish.

NEGATIVE ASPECTS this year may activate deep anger. We may look composed and quiet on the outside but inside we can become very compulsive and feel much turmoil. We might be tempted to manipulate instead of create and might find ourselves being forceful about our ideas. Remember to be gentle with your opinions and let other have their perspectives.

The number 1 year means on many levels we are beginning again. Large projects begun in this year can be very successful if you have the patience to wait 8 years for them to manifest. Lots of new beginnings, as last year stripped away so much of the unnecessary in our lives. A feeling of staring over, fresh and with new perspectives.