

Create Your Own Reality

Reality is subjective. You and your world adhere to your own dictates and beliefs while the outside world of others adheres to their own beliefs and subjective views of living and dying. If this were not the case and if, instead, we all believed the same things, then there would be no discord in the world.

So the basic premise of reality is that we exist in a state of awareness where we construct our own rules and vision of what we want to focus on and believe in, for various purposes -- the most ominous being to control others. Because these realities can be so different, we become aware of any discord that confronts us within the expanded but clashing reality system that we all share with each other. The good news is we do not have to become victim to realities that clash with our own. We can still choose to live in our own reality by modifying our actions, our environments, and our vision for ourselves and the world.

We have our personal reality, our social reality, our cultural reality, our family reality, our environmental reality, our spiritual reality, our economic reality, and our world reality. There are many other realities; some that we share with others and some that continue to be very personal and sacred, which we share with a few other likeminded individuals. In a world that experiences major conflict, such as we are confronted with now in these prophesied "end times", it is important to focus on that which is sacred and not the profane.

Do we want a culture of life or of death, of joy or of fear? Do we want a world where we all honor each other and get along or do we want a world where we are constantly parlaying for power and control over those who can be exploited? Can we honor the differences in each of us and agree to find common ground or must we control the end result to our advantage and to others disadvantage?

These are the questions that we must ask ourselves now, as we move into the most volatile and fragile period of awareness and existence known and experienced in the last 3000 years of humanity. We have a choice to make that will either allow each of us to experience the joys of humanity and brotherhood or isolate ourselves through mass suspicion, destruction, deception and chaos.

The patriarchal foundation of the last 3000 years is clinging to a death and destruction cultural reality to force a permanent world domination agenda. Their power is based on the very dangerous and false notion that shedding blood for one's country, one's religion and one's beliefs leads to salvation. That is the lie of Christianity and Islam. True Christianity and Islam worship the sanctity of life and the creative mysteries of the Mother. But the twisted demagogues of patriarchal institutions have left the masses with a legacy of false doctrines and the belief that only their ways are the ways to salvation, at the expense of anything else that might truly be sacred.

Many in our lands have fallen for the lies and half-truths. And many have fallen as a result of losing blood and battling brothers for demonic causes that only further empower the controllers who will try to confuse reality by speaking out of both sides of their mouths. The indigenous called this “speaking with a forked tongue”. These babblers will tell you that death is honorable; yet when you wish to die in your own way, in dignity, they will force you to live so that you instead die under their mandates; through pain and suffering and loss of blood. If they want a culture of life, why send young people to war? If they want a culture of life, why not make every child a wanted child instead of forcing unwanted children to the streets without the skills and nurturing to help them make it in the world?

The reason is that the elite patriarchy needs an underclass as much as it needs a middle class to both fight its bloody battles and to labor in the fields and offices, sustaining their leisurely lifestyles and giving them the control mechanisms to keep us continually wanting and just below sustenance level. In essence, they need slaves and they need to shed our blood to honor and sustain their gods and goddesses of death.

The power that they really use to control us, however, is spoon-fed dreams that feed our frenzy and make us sacrifice in the name of false honor for those institutions and religions that have been modified specifically to dominate our bodies, souls and minds. Without us to work for them, there is no elite patriarchy and they would actually have to work, fend and die for themselves at their own expense. So what does this have to do with reality in the long-term?

First, America is starting to figure out the dynamics. During the “dot.com” boom there were more new millionaires “sharing” their wealth than ever before. This did not sit well with the patriarchal power-controllers who did not want Americans experiencing joy and free will. As a result, jobs were taken out of the country to put American workers “back in their place”. Because Americans knew what it tasted like to be “free” from economic constraints, they would no longer work as cheap labor. So the controllers went where they could get cheap labor, which they thought would force Americans into submission.

In a nutshell, many of us Americans are now aware of the “master game”, which is allowing us to alter our reality and buy into a system that is “kinder and gentler”. For those that truly value life, and wish to live an existence that is peaceful and plentiful, we can buy out of the current system by refusing to be fueled by commercialism, superiority, false honor, patriotism, suspicion, hate and fear. A paycheck only goes as far as the bank and when the banking system fails, so too will the phony economic structures that have allowed the controllers their freedoms and exploitive excesses.

Instead, practice random acts of kindness; focus on the good in others; help your neighbors; support sustainability and local global exchange programs; barter; think “green”; think “love”; and most of all, envision a world where there is peace, harmony and balance; where every child is a wanted child and where humans are viewed as sacred rather than as disposable, dispensable and displaceable commodities who can only find salvation through bloodshed and death.

In truth, you are here now to experience life to its fullest and share with others; it's time to assume the role you came on Earth "to play"; that is, release yourself from the reality that is pressuring you to behave otherwise. And if the harsh reality of the outside world dampens your enthusiasm, then be like a child, play and experience joy to your heart's content, become that "[King of Hearts](#)" (click for link), and let go of the learned behavior of patriarchal institutions that threaten the very existence of the planet. Then you may become aware that the reality around you is also changing for the better until everywhere you look, everyone is caught up in the joy of today, and yesterday's tribulations will be no more than a notation in obsolete history books.