

**Atoning with the Gods**  
**By Dawn Abel, M.A., M.Ed.**  
**Director, Maya Mystery School of N. California**

In 2003, I presented a paper entitled *Legacy of the Gods*. It described the old sacred technologies that the Gods gave us so that we could atone or, in other words, attune with them. In the last twenty years, these technologies have reintroduced themselves. Today, they are also most useful in combating the same technologies being used covertly by the controllers of the world to keep us imprisoned in the "Matrix".

As control systems, these technologies include geometric designs and configurations such as those used to build Washington, DC, and the Vatican; harmonics and frequency modulation patterns such as those used in military weapons programs; and data acquisition and transmission systems such as those used in satellite and computer technology. In ancient and new-age circles these same energy systems are associated with the sacred technologies commonly referred to as crop circles, sacred music, crystal divination, scrying and mental projection. These are very old information systems that are becoming more popular as we approach what indigenous and religious cultures refer to as the end times and what quantum physicists refer to as the hyperdimensional shift. These technologies are described as follows.

#### CROP CIRCLES

The crop circle is a formation generally composed of geometric patterns, either designed by unknown forces, or by some people who believe they are compelled by some force to create them. Not everyone feels a compulsion. Some circles are hoaxes, but typically, the unknown formations carry some sort of frequency modulation and patterning that investigators and more scientists now believe are data systems and coded information programs. Some of the newest codes from this summer's circles define astronomical changes that are currently occurring, which correlate to the 2012 hyperdimensional shift.

#### CRYSTAL TECHNOLOGY

Other technology, such as crystal technology, is used for storing information. Crystals serve as the main component for computerized information devices. They also act as acquisition and transmission devices. That is why synthetic crystals are manufactured in bulk for use in computers.

When laypeople buy crystals, they generally do so for their beauty or because possibly they feel drawn to their mysteries and messages. These messages may well be historic and prophetic information that the crystals have received and stored throughout their existence. The consensus is that these storage units contain important information about our past, our lineage, and even our future, which must now be integrated into our consciousness. And our computers certainly have allowed access to remarkable amounts of information, which only thirty years ago, was not available to the lay public.

#### CRYSTAL SKULLS

In the last century, some of the oldest crystals known to humankind have manifested in the form of skulls. Many conform to the shape and size of a human head, a sacred numerical and geometrical configuration diagramed by many mathematicians as well as scientist/artist Leonardo DaVinci. The crown chakra, at the top center of the head, serves as our connection to higher sources of information. It is the central receiver for universal information and it has its own harmonic vibration, as do all the chakras in the body.

## CHAKRAS

The seven chakras are aligned to key points and organs in the body, from the bottom of the spine to the top of the head. They are also associated with the color spectrum and the harmonic scale. In their expanded form, there are 12 chakras. The chakras spin, and depending on how healthy the body is, they spin without interference. When they spin without interference, you have a kundalini experience, which generally feels like an energy rush through the body starting at the root chakra, and ending with an electrical current coming from the top of your head. This rush can happen suddenly, due to an unexpected or jolting experience such as death, or can occur as a result of meditation or controlled clearing. This spinning and the constant clearing of energy keep the subtle body energies flowing and the physical body alive. The chakras are also aligned with the notes of the harmonic scale, which can be activated using sacred chanting and music.

## SACRED HARMONICS

Sacred chanting and music are forms of subtle energy that make specific use of the harmonic scale. The harmonic scale, in its most spiritual form, is the basis for the Kabbalah, also known as the Tree of Life, which guards against intruding negative forces. There are seven key notes in the harmonic scale. In its expanded form, there are 12 notes that form one octave.

In its most healing form, harmonics are used in music to elevate spirit and consciousness and raise the body's immune system. Four years ago at this conference, Jacotte Chollet presented medical results, which proved that her channeled synthesized music healed at the cellular level. Harmonics can also be used to raise kundalini energy and release negative thought forms.

In its darkest form, harmonics serve as the basis for the military's high-frequency active auroral research project, otherwise known as HAARP, a frequency based sonar program that maims or kills when programmed to its selected target.

## URGENCY FOR USE

It is because of this misuse by the controllers that these ancient technologies have resurfaced. Crop circles, crystal technology, harmonic music, the Kabbalah, and every other ancient spiritual tool that has either reinvented itself or manifested over the last 40 years has done so to supply the layperson with information needed to protect oneself, and understand and align with the upcoming, prophesized hyperdimensional shift. The technologies are also here to help us diffuse and neutralize the dark energies that are bombarding us through numerous secret societies trying to keep us from making the shift; the most infamous being "Skull and Bones". This society currently has two members running as nominees for President of the United States.

## CEREMONIAL CONCERT

Tonight's ceremony is both a healing and focused meditation and channeling performance. It is meant to help clear our own energy blocks, protect the planet, and commune and attune with the primordial forces of the universe, in particular, the Maya entities Chak-Chel and Itzamna, also known in Egypt as Sekhmet and Ptah. In the ceremony I will use crystal skulls and Tibetan singing bowls, also known as "skulls and bowls", to help neutralize and disperse the evil energies of the "skull and bones" matrix manipulators. We will invoke the entities through the central crystal skull and project a protective reflective shield around ourselves and the planet.

Thus, any negative energies will bounce off the shield back to the senders.

I'm using twelve harmonic tones, each corresponding to a note on the harmonic scale, depending on how the tones are accessed, and corresponding to each of the expanded chakras,

I'm using 17 crystal skulls and three crystal points to form multiple, sacred, geometric patterns. The central skull, IHHE has seen, experienced, and recorded a lot of activity on this planet. Just the size alone tells you that it would have had to have grown for thousands of years to reach that proportion, even before it was carved. IHHE holds the crop circle signature for the Tree of Life circle that appeared in Fairfield, CA, July 2003, just east of us across the bay. It also holds the ceremonial codes for nine major ceremonial centers in Mexico and Guatemala, visited on the three-day Autumnal Equinox, in 2003, as well as the encoded kundalini energy of Palenque's most renown ruler and kundalini master Pacal Votan. It holds the codes of four very powerful crystal skulls currently in the possession of four other Maya priestess skullkeepers. Last of all, IHHE holds the secret of the upcoming hyperdimensional shift, as can be noted by the geometric plane seen separating the left and right hemispheres within the convolutions of the crystal. IHHE will maintain the focus of the mental energy as we commune with Chak-Chel, the elder moon-goddess skullkeeper, and Itzamna, the giver of the crystal skulls to humankind.

The surrounding skulls represent the twelve expanded chakras and their colors, as well as the 12 planets according to the ancient Sumerians, and one annual Earth cycle around the sun; that sun representing you in this mortal lifetime. The formation of the skulls, in itself, forms a representative crop circle which we will use, as did Native Americans, to create interaction with the Gods. A peripheral four-corner skull formation will contain the energies raised in the circle.

At the center of the "skull and bowl" configuration is the phallic cosmic egg, the Shiva Lingam, placed strategically on the altar cloth at Pacal Votan's root chakra. The lingam is a crystal energy activator and a symbol of that which is invisible yet omnipresent, the absolute and infinite reality, and the explosive source of the primeval energy of the universe. Through subtle contact with the priestess, the lingam will intensify and direct the focused meditation, as well as the tones and energies generated in the sacred circle, and release them into the subtle realms.

During the course of the ceremony maintain your focus on IHHE. After you feel that you have reached a state of meditation and reception, envision and project an outwardly reflective, protective shield around yourself, the U.S., and the world, using intent to reflect the evil forces back to their source via the mirror side of the shield. This will help to dispel and neutralize the power of the skull and bones players who are waging war at the expense of this planet. Instructions will follow during the course of the ceremony.