

## **Moving Through the Eye of the Needle – Our Condensing Timeline**

As the Earth shifts its vibration with the rest of the solar system to move through the center of our Milky Way galaxy, it is speeding up and condensing, sort of like a theme park gravity ride. That is causing many of us to experience great heaviness, anxiety, and shortness of breath, as well as pain in our chakra centers as the new energy moves through each one of us and blasts us open to the great new cosmic consciousness.

For some, this feels like a painful birth; we are being pushed through a birth canal while at the same time we are the birthing vessel. In essence, we are giving birth to our new selves, which may be causing a schizophrenic reaction in some. This energy is very painful and is forcing us to scream at the material manifestations that are holding us in the physical plane as we break our shackles and move forward. This is not happening on a conscious level although many are aware of the raging anger we're feeling at the very institutions that we once even whole-heartedly supported or were beholden to. Some of us may also be questioning our own sanity and motivations.

This is because we are caught between two timelines and are still going through the motions of dealing with 3-D institutions that on many levels are not moving to where our consciousness is moving. That is causing major distress and fractures and as a result we are being forced to break off all former connections to 3-D reality. This is a very painful process, especially if we're not aware of why we are having such reactions. The old paradigms are breaking down and we don't have much of a choice regarding which we choose for survival. We either evolve or die.

We are all seeing this occur on many levels where the climate changes are drastically forcing people to rebirth and rebuild based on new systems, be they physical or mental. But it's not only happening as planetary changes; this process of breaking down, rebirthing, and rebuilding is also happening in our bodies. We are preparing to move into new vehicles of consciousness that will redefine what human beings are in relation to the greater cosmic consciousness.

It is this consciousness that is forcing the breakdown of old structures as much as it is forcing the rebirthing and rebuilding of new structures. Unfortunately for many, they continue to hold onto the old and will not let go of outmoded systems that should be buried in the annals of history. So, in essence, the Earth changes are destroying and burying these outdated operative models and systems for them. For those who try to hold on, the end result will not be a rebirth.

Last, change is difficult and many times it causes pain, particularly when the changes are unexpected and unprepared for on the emotional and spiritual levels. This particular change is forcing us to spiritually evolve or to die. On some level we know we must evolve; so this process of change is pushing us along on an unconscious level. As a result, the extreme discomfort that we feel right now is due to the forces of resistance as our bodies and the planet attempt to readjust to the new energy field. That is, we are moving through a time-space continuum that is flattening out and condensing our essence so that it relinquishes all unnecessary matter that no longer has a place on the opposite side of the galactic center. Expect this process to continue for the next four years and be alert to the severe gravitational forces. This is not a process that you will be able to avoid and it is best to be aware of what you will be experiencing. On a more positive note, once we pass onto the other side, the healing will begin in earnest.