

Letting Go and Letting God (Part II)

Letting Go and Letting God (June 2001 Director's Page) discussed letting go of fears, pre-conceptions, attachments, expectations, and judgments. These affectations are directly associated with the seven chakras that move energy through our bodies. When these chakras are blocked, we lose contact with our higher self, which is our vehicle through the galactic center. When these chakras are blocked, our shadow self gets us stuck in turbulent cosmic wormholes that harbor the voices of dissent and chaos.

Breaking The Chains that Bind You (May 2001 Director's Page) not only requires a total awareness of your shadow self, but a concerted effort (with the help of our guides who watch over us) to break through the energy blocks that reside in our bodies, which can cause premature death if not released, preventing our ascension through the dimensional portals to spiritual immortality.

Conventional religion teaches us that we can only ascend following a very strict menu of rules and behaviors. In truth, there is far more to ascending, and it has little to do with guilt or sin and much to do with sex without guilt, forgiveness, and a TOTAL questioning of authority; in other words, using the brains that our creator endowed us with for the purpose of discerning truth from falsity. And beware of false prophets who tell you theirs is the only way to heaven!

The seven chakras, at their optimum, spin and form Merkabah patterns within your body. The only way to keep these chakras performing without hindrance is to remove the energy blocks in each of them. That means, if you have issues about survival and sustenance, imagine yourself seated in a field of corn, being protected from the elements by the Earth herself, as she offers you her gracious abundance. If you have issues in regard to sex and sexuality, release them, and what better way than through sex? If you have issues in regard to fear, which make your solar plexus tight, imagine an emerald green light penetrating and opening you up to embryonic trust in the cosmic womb of the goddess.

If you have issues in regard to anger, imagine a pink light penetrating the heart area, lighting you up to love and laughter. If you have authority issues and cannot talk, imagine a yellow light penetrating the throat area and opening you up to voicing your feelings. If you have issues about not trusting your intuition, imagine a blue light streaming through your third eye, giving you insight and mental clarity. If you have issues regarding God consciousness and tend to view creation and God according to strict scriptural interpretation, imagine a purple light piercing just above your head and surrounding you in acceptance and trust of your higher self.

When the chakras open up and start to spin in accordance with universal truth, the blockages start to disappear. When they disappear you will begin to resonate to a new frequency and your higher self will begin prepping you for ascension. The entire preparation period will be problematic, at first. You will begin with your soul consciousness leaving your body more and more, and moving into frequencies to which your body, upon return, will not initially be able to adjust to.

This means, when you awaken from a "trip" to these newer frequencies, you may experience moderate to severe vertigo, and even blackouts. This is because your body is trying to adjust to these new frequencies. Your higher self and guides will continue to prepare you for this shift.

Whether you reach the point where you are able to shift with your body in tact, or just with your soul consciousness, will depend on the diligence of your work. Rest assured that not everyone will ascend with their bodies. In fact, very few will. But, if nothing else, do not allow your body to trap your soul consciousness, due to your inability to clear your chakras, because when it is time to leave you may get stuck in the lower realms of consciousness or even stay trapped on Earth. Many disembodied souls who continue to hang around this earth plane were unable to ascend due to unresolved issues. They are trapped in the lower spirit planes--referred to by our religious institutions as hell--listening to the universal wails of lost souls.

The ascension will not be an easy task; the preparation is more than just going to church and praying for salvation. It is feeling, knowing, welcoming and embracing the truth, and leaving denial, fear, limitation, prejudice and duality behind. And the final judgment will not be God's or yours; your ascension will be based on a personal trial that you must successfully pass, such as that tried by the ancient Egyptians when they were ready to pass on to the next world--is your heart as light as a feather?