

The Spiral Connection

One of the more recently renovated Mayan sites (in the last five years) is Oxkintok. It resides on the Yucatan peninsula, not far from Merida. The name Oxkintok means "of the devil". It is so named because one of the excavations at this site uncovered an approximate 8-foot statue of a being that looks an extraterrestrial humanoid, with deeply scooped areas on both sides of the head and one at the root chakra. These scooped areas may have been used for candles, crystals, or possibly other items of transmission and reception. The archeological teams that named the site, having had no other basis of recognition or insight, thus named it Oxkintok.

The site is very unusual because it includes structures not found at most other Mayan ruins. Besides the extraterrestrial structure, there is also a labyrinth-type structure that opens in a low meadow with twists and turns until the initiate has climbed up a series of intermittent stairs to reach the top of the structure, which exits into a higher meadow. In my opinion, the site was used by shamans and initiates as a means to gain access to, and control of, their hidden nature and the hidden side of nature in general.

Contrary to public opinion, the hidden, or dark, side of nature can be our best friend because it teaches us how to identify and overcome adversity, the unknown and fear. It also teaches us how to identify our dark self and the dark self of others so as not to be overwhelmed by those forces, allowing us to move above and beyond the dark night. Last, it allows us to get in touch with the remote avenues or spirals of our own soul, that have been hidden in our akashic memory banks for lifetimes.

The labyrinth, manifesting in both dark and light venues, functions as a sacred path that takes one from the outside to the inside, from the inside to the outside, from the lower realms to the higher realms, and from our divergent paths to the source and back, all in one spiral path known as life. Our own Milky Way galaxy is a spiral starting in the dark galactic center and spiraling outward and we are a living, breathing part of that spiral. Spiral geometry through the cosmos is a form of harmonic geometry that exists between dimensions, and only the spiral is able to bridge the physical with the spiritual. This spiral formation, known as the Fibonacci spiral, is the basis of all creation and is seen in nature in very basic life forms such as flower petals, pine cones and nautilus shells, for example.

Per Miriam-Webster, Fibonacci math is defined as "an integer in the infinite sequence 1, 1, 2, 3, 5, 8, 13, ... of which the first two terms are 1 and 1 and each succeeding term is the sum of the two immediately preceding." Harmonics are defined as "one whose vibrational frequency is an integral multiple of that of the fundamental". When viewed geometrically, one sees a spiral formation that never ends as it spirals outward starting with one, then repeating itself, and then adding to itself incrementally. Thus, the circular or spiral formation is a metaphor for the mystical journey of eternal life where we gain awareness of self, and then continue to grow and expand our consciousness through life, death and rebirth. Subsequently, it has been used as a sacred tool and an experiential test for those who seek a connection to the galactic center, or life-giving/life-taking cosmic source.

At Oxkintok, Shamans were required to confront their dark soul and integrate it into their consciousness. Whether they confronted that dark nature first in their meeting with "the devil", or through the journey through the labyrinth, has not been determined. It would appear, however, that they would need to pass the test of the labyrinth, to meet head on with their internal "devil" to understand, discern and integrate subconscious, interdimensional and extraterrestrial transmissions.

These extraterrestrial contacts would be received as the result of a spiral transmission through the devil's crystals, which surrounds our invisible "third eye", connecting to and transmitting through the point of the root chakra, the final scooped area, or internal galactic source. The transmission pattern through the crystals could be seen as an inverted triangle if an invisible line were drawn between all the scooped areas. The root chakra, however, with its subsequent spiral transmissions, serves as a catalyst to the source of all life not only internally but in the cosmos. The humorous and old allusion to "contemplating one's navel" takes on new significance in light of its function. It is through this spiral transmission that a new soul enters the body and new DNA is structured. Does this mean that "the devil" is responsible for life and death? Not so. Remember that this archaeological structure was only named as such because of the ignorance of archaeologists to its true meaning and purpose. However, this does not mean that the structure itself is not representative of the life/death cycle that has been our cosmic heritage. As such, its message, coming from the depths of the dark galactic night, may be alien in nature and frightening at best as we remain veiled behind the amnesia that hides our cosmic identities.

But for those who took the journey to the center and back, these cosmic transmissions opened up a window to the soul and to collective memories. The Shamans and initiates who studied at Oxkintok were most likely aware that they were dealing with a force that could only be contacted and understood through a deep regression of self, into one's center, and then back. Thus, the spiral served as yet another tool on the path of cosmic transcendence and transformation.